



# JOHARI WORKSHEET

## Johari Window Word Bank

1. How would you describe yourself? Pick 5 or 6 words from the list below.
2. How would others describe you? Ask other people who know you well (like your friends, classmates, teachers, and parents) to choose words below that best describe you.

Spontaneous	Adventurous	Routine-driven	Experimental	Patient	Independent
Mechanical	Well-behaved	Outgoing	Handy with tools	Leader	Active
Risk-taker	Apprehensive	Confident	Energetic	Expressive	Organized
Sincere	Sensitive	Data-driven	Imaginative	Systematic	Curious
Eloquent	Methodical	Persuasive	Empathic	Reserved	Innovative
Ambitious	Helpful	Practical	Logical	Thorough	Friendly
Calculating	Detail-oriented	Observant	Design-minded	Supportive	Insensitive
Independent	Competitive	Assertive	Nurturing	Original	Cooperative
Structure	Athletic	Creative	Analytical	Intellectual	Straightforward

Your results will now be saved, under a name of your choosing, so that you can send your friends and colleagues directly to your Window.

Enter a unique name:





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Your profile has been stored. Your Johari Window initially looks like this:

